



# Clover Institute

## ***PROSPECTUS***

### ***Advanced Diploma of Clinical Hypnotherapy & Psychotherapy***

<b>Table of Contents</b>	2
<b>ABOUT CLOVER INSTITUTE</b>	
History of Clover Institute	3
Why train with us?	4
Industry associations	4
<b>ADVANCED DIPLOMA OF CLINICAL HYPNOTHERAPY &amp; PSYCHOTHERAPY</b>	
Entry requirements	5
Expanding your Career	5
Course Format	5
Course Content	6
Post Graduate Support	7
<b>CONTACT INFORMATION</b>	7

# ABOUT CLOVER INSTITUTE

## History of Clover Institute

Rhondda Stewart has been training in Clinical Hypnotherapy, NLP and Psychotherapy for over 25 years. She was the founder and head trainer of the Australian College of Professional Clinical Hypnotherapy (ACPH) and Australian College of Hypnotherapy (ACH). Rhondda is now offering a professional level of training under the new banner of Clover Institute. Clover Institute offers affordable training and continues to meet the standards of recognition from the Australian Society of Clinical Hypnotherapy (ASCH), the Australian Hypnotherapy Association (AHA) and the International Medical and Dental Association (IMDHA) and other associations worldwide.

Clover Institute delivers the highest quality of training in the industry, the goal of the Advanced Diploma is to assist you with client work by expanding the tools you have in your tool kit and build on the skills you currently have.

The Advanced Diploma of Clinical Hypnotherapy & Psychotherapy includes Cognitive Behavioural Therapy (CBT) and Cognitive Behavioural Hypnosis (CBH). The course has a substantial emphasis on practical training and extensive practice in the classroom on innumerable aspects of hypnosis and psychotherapies, this is blended with theory throughout the course. The training is designed to build on foundational knowledge and professional supervision and mentoring is provided throughout the training.

Within the training a student learns relevance of duty of care, confidentiality, legal obligations, how to build an understanding of clients desired goal. Through the design of questioning they are able to design a treatment plan for that individual client, and design hypnotic language to suit their specific needs. Work with trance (induction, deepening, therapy work and reorientation) and learn a range of self-help tools to assist the client between sessions building on moving towards their goal.

The training is comprehensive in all areas of hypnosis which equips the student to work with habit, medical areas, trauma, identity, self-esteem and emotional areas such as depression, anxiety, phobia, PTSD. The focus of training is on healing both the mind and body through a Person-Centred approach.

At Clover Institute we are continually researching global developments in Hypnotherapy and Psychotherapy training whilst regularly updating our course material to reflect this. Clover Institute works with the most up to date training, reflecting International trends and changes.

Clover Institute knows that no two students are the same, and so our trainers assess student's learning style and supervision requirements based on their demonstrated individual needs. We have discovered that this enables the trainer to offer a more needs-based level of supervision and ongoing mentoring throughout the course.

Clover Institute also offers continuous support after you graduate because we believe that knowing your school is there supporting you after you have completed your initial training with us is just as important as supporting you during the training.

## Why train with us?

- Rhondda Stewart has been training students in Clinical Hypnotherapy and Psychotherapy for over 25 years.
- Our name has changed but the training and support is still the same.
- Training meets all Association requirements for Membership.
- Training is Internationally recognised by the International Medical & Dental Association (IMDHA)
- Post graduate support. We are here to support you in becoming the best therapist you can be.
- Clover Institute offers Ongoing Professional Development throughout each year in Master Classes and Workshops.
- Clover Institute meets requirements for association standards both in Australia and Internationally.
  - Clover Institute training meets the curriculum criteria for full membership in the Australian Society of Clinical Hypnotherapy (ASCH) and Australian Hypnotherapy Association (AHA).
  - As well as meeting the requirements of the International Medical and Dental Hypnotherapy Association (IMDHA). Once you are certified you are eligible to apply to these organisations for membership. Clover has secured your first-year membership free in both Australian Associations.

Learn the art of hypnosis through our hands-on practical approach to training. At Clover you can be sure our trainers have been in the industry as trainers for many years and will train you to a professional standard. Which will assist you in creating a successful career and networking with other medical professionals.

### Industry Association



Clover Institute is an approved school with both the ASCH and the AHA. Clover Institute meets their guidelines for students to gain full membership. Whether you choose to establish your practice in Australia or Internationally, you can be confident in the knowledge that your qualifications are recognised worldwide.



Clover Institute is an approved school with the prestigious International Medical and Dental Hypnotherapy Association (IMDHA), the largest Association of its kind in the world.



## **ADVANCED DIPLOMA OF CLINICAL HYPNOTHERAPY & PSYCHOTHERAPY**

Advanced Diploma of Clinical Hypnotherapy & Psychotherapy that offers more advanced techniques and designs over the Diploma of Clinical Hypnotherapy & NLP such as Cognitive Behavioural Hypnosis which combines the efficacy of Hypnosis with Cognitive Behavioural Therapy (CBT) to create Cognitive Behavioural Hypnosis (CBH).

The Advanced course is designed around current neuro-science research and works with a Mind/Body approach in teaching you how to work with techniques that help you recognise the more subtle signals of the Somatic Self (Body); the Emotional Self (Mind) and the Intuitive Self (Essence of Self or Spirit). The approach is person centred and continues from the Diploma course with new and more advanced techniques and tools for the therapist.

The Advanced training consists of face to face training and supervision and mentoring with distance education.

### **Entry requirements**

To complete the Advanced Diploma, you must have completed a Diploma of Clinical Hypnotherapy with Clover Institute or with a school that meets the same or similar Diploma design.

### **Expanding your Career**

At Clover Institute we offer the opportunity to expand on your current qualifications through the Advanced Diploma of Clinical Hypnotherapy and Psychotherapy.

You will learn new techniques and tools that will assist you in designing different programs to assist your clients.

### **Course Format**

2 Blocks of Face to Face training, each block is followed by distance education work with supervision and mentoring.

#### ***Part 1: Face to face training:***

You will learn practical skills to add to your tool kit. You will practice new techniques that will assist you in recognising a range of client's micro muscular signals, body/mind responses and learn how to work with these responses to build change and empower the client from this conscious model of therapy.

You will learn Conversational Hypnosis a must have for any therapist working with Anxiety, Phobia, PTSD, Trauma, Anger, Depression. It is also an effective conversational design to work with children. You will build stories relevant to client's needs with suggestive language

woven into the conversation which will invoke powerful healing deep within the unconscious mind and bubble up new wisdom and understanding that supports your client's goal.

***Part 2 Face to Face training:***

Cognitive Behavioural Hypnosis (CBH) is a naturalistic design that enables the therapist to observe the clients unconscious body language signals and utilise them to take the client into trance. It is an indirect model of Hypnosis that builds internal congruency and assists the client in deep inner healing (body/mind change work).

Through working with these body movements and gestures you will discover the art of a more indirect and creative design of therapy.

The aim is to develop different listening skills, increase your visual awareness and intuitive focus, build on the artful and vague design of a conversational/trance model of therapy.

Learn and practice Cognitive Behavioural Therapy (CBT). A conversational based therapy that utilises a design of questioning to assist the client in discovering that the way they think creates the way they feel. This brief therapy model is a must have for all therapists.

Between Part 1 and Part 2 there will be scenario and case study work, task sheets and self-reflective exercises to complete.

**Course content**

The Advanced course is designed to expand on the skills you already have and introduce you to more Advanced techniques.

- Conversational Hypnosis – Artfully Vague and the most modern form of hypnosis to-date
- Advanced Ericksonian Hypnotic designs and techniques
- Working with Somatic Self (Body) and Emotional Self (Mind) and the intuitive self (Essence of Self or Spirit)
- Advanced designs with Naturalistic approach to Hypnosis
- Advanced Meridian Energy therapies
- Design individual interventions (generative and therapeutic based)
- Learn Major Patterns for Change Work
- Expanded development of sensory acuity
- Ecological change work with self and others
- Advanced Communication techniques
- Design multilevel communication for change (Sleight of Mouth)
- Modelling Designs to enhance change
- Psychotherapeutic techniques for change
- Brief Therapies & Cognitive Behavioural Therapy (CBT)
- Cognitive Behavioural Hypnosis (CBH)

### **Post Graduate Support**

Supervision is provided throughout the course and is on offer after completion and certification of your training.

## **CONTACT INFORMATION**

Courses are held in Sydney, Melbourne, Brisbane.

Visit our website [www.cloverinstitute.com.au](http://www.cloverinstitute.com.au) or contact us on **(02) 9550 9673** to obtain further information regarding scheduled course dates, venues and costs

Alternatively, our college founder and CEO may be contacted via email  
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